OSHO NIRANJANA MEDITATION CENTER IS PLEASED TO PRESENT:

Detox, Meditate and Celebrate! with Ma Prem Udana

Saturday, November 8, 2014 8:00 AM to 8:00 PM



Udana Power took Sannyas directly from Osho in Poona in 1979. She became Ma Prem Udana and her life was changed forever. She returned to Hollywood to star in her own series and continued her acting career... again, forever changed. Her opening to Sannyas is what provoked her writing career. She ultimately became a screenwriter who has written 12 screenplays, written and produced a successful one-woman show and several books.

Her writing career started in 1982 when she felt the "need" to journal her experience as a Seeker going to the foot of a living Master as she prepared to travel to the Second World Celebration in Rajneeshpuram, Oregon. She journaled her inner quest for enlightenment from Hollywood to Rajneeshpuram and back, "channeling" her experiences into her journals throughout the celebration, the meditations, the meals, the bus rides and moseying around with friends who lived at the ashram. It was the pinnacle of Osho's work and an amazing experience.She pulled her journals out last year (32 years later) and put them into a book that will be published this fall.

Some of Udana's credits include starring on Broadway opposite Katharine Hepburn, at the Dorothy Chandler Pavilion and Mark Taper Forum in Los Angeles as well as numerous television shows including Happy Days, Laverne and Shirley, Murder She Wrote, Knotts Landing and many more. She did over 250 commercials. She is currently a successful entrepreneur who is passionate about helping others in healthy aging and personal transformation and lectures all over.

One of her favorite quotes from Osho is, "To be creative, one must become one with Creation." A quote that changed her life is: "Become the loving and don't get stuck on particulars." And she lives her life by this opening to a lecture he gave one morning in Poona: "Love is the only miracle there is. Love is the ladder from hell to heaven. Love learned well, you have learned all. Love missed, you have missed your life."

Come enjoy this opportunity to cleanse the body and mind for the entire day. She will also be sharing with us products made out of herbs, botanicals and other high quality products. The suggested donation covers the cost for these products.



Osho Niranjana is a non-profit, 501(c)(3) tax exempt organization and is located approximately 40 miles N.E. of San Diego, CA